

GRITTY INTERVIEW

Contact an adult you trust so you can learn more about them and their story of grit. Ask some questions like:

- Would you be willing to share about a time when something was really hard for you, but you didn't give up?
- What did you do to get to your goal?
- Was there ever a time you just felt like giving up? Did you? If not, now come?
- Did you use grit or perseverance during this time?
- Was there anything you would have done differently?

