

Overview

GRATITUDE

Welcome to TrueSuccess®,

We are excited to share an overview of another TrueSuccess® behavior skill unit with you and your kids to help experience success in school, work and life. To learn more about TrueSuccess, check out the website: www.TrueSuccessTools.org.

For ways to interact with your kids, see below: **INQUIRE**

Gratitude: Behavior Skill of the Month

Theme

INQUIRE How would you describe the meaning of the theme?

Gratitude is key to happiness.™

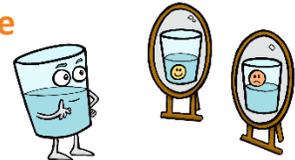
Object Lesson

INQUIRE How would you describe the object lesson in your own words?



GRATITUDE is like enjoying a drink.™
Just as you enjoy a drink more by being thankful for the drink you have, you enjoy life more by being thankful for the things you have.™

Cappie the cup™



AIMM™ Goals

INQUIRE How is it going for you in trying to live out gratitude?

At school: Say “thank you” to let people know when you are thankful for what they do.

At home: Thank your parents for your home, food and clothes. Keep a list of things to be thankful for.

Lifestory Summary

INQUIRE How would you summarize the lifestory?



Six-year-old Josiah Viera is just 27 inches tall and weighs only 15 pounds. Although he has a disease that gives him pain and makes his body like a 60-year-old, he touches people’s lives because he is thankful for what he has and finds joy in what he can do.

Video Link

RECOMMENDED to preview video before sharing with kids.

<https://youtu.be/3KBYQrXVd-Q>

INQUIRE

What do you think about the video? How did the video show Gratitude?

Celebrate Impact

INQUIRE Has TrueSuccess impacted you? If so, how?

Share the impact that you have seen or heard so we can encourage each other!
Email comments and stories to: info@TrueSuccessTools.org.