

# Overview

## GRATITUDE

### Welcome to TrueSuccess®,

We are excited to share an overview of another TrueSuccess® behavior skill unit with you and your kids to help experience success in school, work and life. To learn more about TrueSuccess, check out the website: [www.TrueSuccessTools.org](http://www.TrueSuccessTools.org).

For ways to interact with your kids, see below: **INQUIRE**

## Gratitude: Behavior Skill of the Month

### Theme

**INQUIRE** How would you describe the meaning of the theme?

**Gratitude is key to happiness.™**

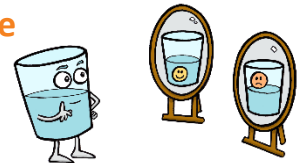
### Object Lesson

**INQUIRE** How would you describe the object lesson in your own words?



**GRATITUDE is like enjoying a drink.™**  
Just as you enjoy a drink more by being thankful for the drink you have, you enjoy life more by being thankful for the things you have.™

**Cappie the cup™**



### AIMM™ Goals

**INQUIRE** How is it going for you in trying to live out gratitude?

**At school:** Say “thank you” to let people know when you are thankful for what they do.

**At home:** Thank your parents for your home, food and clothes. Keep a list of things to be thankful for.

### Lifestory Summary

**INQUIRE** How would you summarize the lifestory?



Traci Weinstein was born in an orphanage in Guatemala. She was adopted by a family in New York. Many people in Guatemala are very poor and do not have shoes. This makes it difficult to do normal, everyday activities. Out of Traci’s gratitude for her life, she helped people of her native country by collecting shoes for them.

### Video Link

**RECOMMENDED** to preview video before sharing with kids.

[https://youtu.be/TrnTDm\\_et2M](https://youtu.be/TrnTDm_et2M)

**INQUIRE** What do you think about the video? How did the video show Gratitude?

### Celebrate Impact

**INQUIRE** Has TrueSuccess impacted you? If so, how?

Share the impact that you have seen or heard so we can encourage each other!

Email comments and stories to: [info@TrueSuccessTools.org](mailto:info@TrueSuccessTools.org).