

Overview

GRATITUDE

Welcome to TrueSuccess®,

We are excited to share an overview of another TrueSuccess® behavior skill unit with you and your kids to help experience success in school, work and life. To learn more about TrueSuccess, check out the website: www.TrueSuccessTools.org.

For ways to interact with your kids, see below: **INQUIRE**

Gratitude: Behavior Skill of the Month

Theme

INQUIRE How would you describe the meaning of the theme?

Gratitude is key to happiness.™

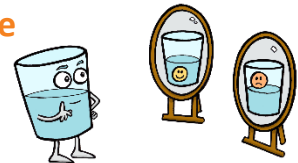
Object Lesson

INQUIRE How would you describe the object lesson in your own words?



GRATITUDE is like enjoying a drink.™
Just as you enjoy a drink more by being thankful for the drink you have, you enjoy life more by being thankful for the things you have.™

Cappie the cup™



AIMM™ Goals

INQUIRE How is it going for you in trying to live out gratitude?

At school: Say “thank you” to let people know when you are thankful for what they do.

At home: Thank your parents for your home, food and clothes. Keep a list of things to be thankful for.

Lifestory Summary

INQUIRE How would you summarize the lifestory?



Ana Dodson, from Peru, had good fortune to be adopted by American parents when she was 4 weeks old. When visiting her old neighborhood at age 11, she saw needy kids digging in trash for food. She was thankful for being adopted and living in America. Out of gratitude she founded Peruvian Hearts to raise and send money to help kids in the orphanage.

Video Link

RECOMMENDED to preview video before sharing with kids.

<https://youtu.be/3Qv6XICARYE>

INQUIRE What do you think about the video? How did the video show responsibility?

Celebrate Impact

INQUIRE Has TrueSuccess impacted you? If so, how?

Share the impact that you have seen or heard so we can encourage each other!
Email comments and stories to: info@TrueSuccessTools.org.