



# Courage

... overcomes fear.™

: strength of mind to overcome fear



**Betty**  
the beam™

Courage  
overcomes fear.™

What are you  
afraid of?

### Activities:

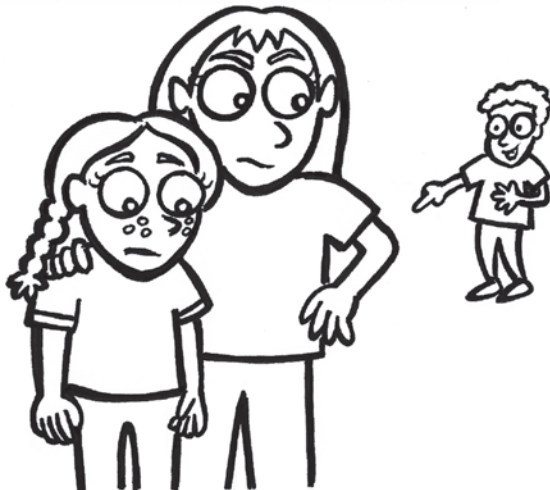
1. Introduce courage with a video from TrueSuccessTools.org.
2. Discuss and trace definition above.
3. Discuss Object Lesson (see right).

### Courage is like a flashlight.™

Just as a flashlight helps you get through the dark, courage helps you get through dark and difficult times.™

### Showing courage at school.

Be a friend to someone who is being mistreated



Discuss and color in the above. On a separate sheet of paper, draw or write how you show courage at school.

### Showing courage at home.

Share with a family member about a struggle you have.



**Home Activity:** Discuss and color in the above. On a separate sheet of paper, draw or write how you show courage at home.

My name is \_\_\_\_\_